



Aerobic Oxygen

One of the most significant discoveries of the 20th century.

During the course of man's history, there have been several scientific discoveries that have made significant contributions to human health and well being. Such a discovery has been released for the benefit of the public, in this last decade.

Exclusively owned by Good For You Canada Corp., it has been heralded as one of the most significant breakthrough of the 20th century in the health care industry. It is the process by which Oxygen has been stabilized in a nontoxic liquid form known as Aerobic Oxygen.



OXYGEN IS THE BREATH OF LIFE

and everyday we are being deprived of it. Oxygen is the natural source of life and energy for every cell in our body. Without it cells begin to die within a few minutes.

Research is continually showing that we do not receive sufficient oxygen in our daily routine. Dr. Paris Kidd has stated, "Oxygen plays a pivotal role in the proper functioning of the immune system, resisting disease, bacteria and viruses." A respected nutritional researcher, Dr. Steven Levine, has stated that "we can look at oxygen deficiency as the single greatest cause of all disease."

Besides being a life giver, oxygen also selectively kills harmful anaerobic infectious bacteria. Unlike drugs and antibiotics, oxygen does not harm the beneficial bacteria that is essential for good health.

Oxygen is a powerful detoxifier so when our bodies are sub-oxygenated this deficiency allows toxins to devastate body functions and deplete the body of life giving energy.

The initial symptoms of Oxygen deficiency are as follows:

- Overall body weakness
- Muscle aches
- Circulatory problems
- Memory loss
- Poor digestion
- Bronchial problems
- Bacterial, viral and parasitic infection
- Lowered immunity to colds, flu, and infection
- Depression
- Dizziness
- Fatigue
- Acid stomach
- Irritability

By taking 20 drops 3 times a day people have reported benefits in the following area:

- Angina attacks
- Bronchial infections
- Fibromyalgia
- Epilepsy and Alzheimer's
- Candida & yeast infections
- Chronic fatigue syndrome
- Asthma & emphysema
- Sinus infections
- Poor circulation
- Energy levels
- Joint pain
- Headaches

TEST RESULT OF OXYGEN CONTENT

An independent test carried out by AGAT Laboratories showed that by adding 10 drops of Aerobic Oxygen to 240 ml of water the dissolved oxygen content increased by 442%.

WHAT DOCTORS SAY

"As a Homeopathic Consultant I have used Aerobic Oxygen in my practice for the past 3 years. The benefits that my patients have received are unparalleled to any other product I have used."

G. Steward, LCH,

Studied at the London College of Homeopathy

"In my many years of practice as a Naturopathic Doctor and Nutritional Consultant, I have never worked with any product that has provided such a vast array of benefits to so many people with innumerable health ailments."

Dr. Randy Widmer, ND. NC.

The information given here is for research and educational purposes only and is NOT intended to prescribe, or as a treatment. Aerobic Oxygen is not a drug. No claims can be made as to its benefits. Any reference to benefits are related to personal experiences from users of the product.

Testimonials

CANDIDA ALBICANS / YEAST

To all of you at Good For You Canada:

I would like to tell you about the benefits that I have been experiencing from the use of your wonderful product Aerobic Oxygen. Last year, I went on the "Fit For Life" diet in order to bring my health into balance. I felt a lot of benefits from the program but there were some ailments that would not go away, i.e. chronic sinus problems, bladder, infections, vaginitis, and irritability. After reading Dr. Frowbridges' book, "The Yeast Syndrome", I became convinced that my problem lies with Candida Albicans, from use of birth control pills, a pregnancy, and antibiotics because I caught so many infections from the baby. Since I began taking the Aerobic Oxygen three weeks ago, I have exhibited many of the "Herxheimer Reactions" that accompany die-off of Candida Albicans, so I know the product is working well. My sinuses are clearing up wonderfully after a couple of weeks of this horrible substance draining from them -it was like poison. It feels great to be able to breathe clearly again, and, as well, to think clearly. The yeast discharge has diminished to a great degree and I have days when I feel just wonderful but I know I need more time before balance will be achieved. **D.D., Castlegar, BC**

NERVE DAMAGE

Dear Dr. Randy Widmer:

I am dropping you a note to let you know how much I appreciate the Aerobic Oxygen. I have had a draggy left leg and numbness in my left hand for over one and a half years with no improvement from various treatments I have had.

A few months ago I was talking to a friend of mine who is a doctor and he suggested that I contact Good For You and try the Aerobic Oxygen. I immediately contacted your office and you sent me a bottle of Aerobic Oxygen. I took it as suggested and within 30 days I noticed a great improvement and in 3 months my leg was back to normal. My left hand is still a bit tingly, but it is still improving. I take the Aerobic Oxygen daily and carry it in my purse all the time.

I am so grateful for your wonderful product as it has benefited a condition that I thought I would have to live with for the rest of my life. Thank you so much.

TRAINING

As a competitive swimmer in training for the National Championships and hopefully the Olympic trials next summer, I find your products a "must" in my training program.

The Aerobic Oxygen is a vital part of my program as this helps me maintain a very high level of training intensity without suffering from the seasonal asthma which plaques me in the winter and spring. My dosage includes twelve drops three times daily and this keeps me breathing steady and clear. I also use the Oxygen in preparation for competitions. As the swim meet approaches I will gradually increase the dosage so that by competition time I am using 30 drops three times per day and I am at an Oxygen "peak" which helps me perform more efficiently. **L.D., BC**

HEART

In February of 1987 I was admitted to the local hospital emergency ward with acute congestive heart failure. I had very high blood pressure and had been on various medications for 26 years. An angiogram was

performed on me and an artery in my right thigh would not stop bleeding causing a blood clot in my groin, stopping blood circulation to my leg. The pain was excruciating and the doctors were afraid gangrene might set in. They could not reduce the blood clot and were considering amputation of my leg. The following week I had the angioplasty to open up my arteries but with no improvement. A young man from my Church told me his mother had gone through a similar experience and had now totally recovered. The second week after taking Aerobic Oxygen my pain was all gone. After 2 months my blood clot had dissolved to the size of a walnut and the blackness of my leg and abdomen had almost disappeared. My blood pressure fell and I gradually went off all medications. Two heart valves that weren't working are operating normally.

It is hard to believe I could feel so good after being in such a bad condition. My heartfelt thanks to Good For You and Aerobic Oxygen. I just love sharing it with other people. **L.W., SK**

BLOOD CIRCULATION

I am amazed at the magnificent relief that Aerobic Oxygen has given me in relation to my blood circulation. **F.G.,Kearns, ON**

IMMUNE SYSTEM

I've always developed a cold or flu, at least three times a year. Since taking Aerobic Oxygen for the past year I've had no colds or flu anymore. Incredible! I will always take Aerobic Oxygen to boost my immune system. **A.H., ON**

MORE ENERGY

I received wonderful results from using Aerobic Oxygen. I used to walk one block, then turn around and walk home very tired. Now I can walk one mile and back and feel good. I went back to work, I walk a lot at work. I'm on my feet at least 10 hours a day, as I work in a large care home. I also have no ache legs anymore, I don't feel tired like I used to. Thanks to Aerobic Oxygen. **H.T., AB**

ECZEMA

I started taking Good For You Canada's Aerobic Oxygen in the middle of July. I noticed right away that my eczema cleared up to a point where I could barely notice. My asthma became much better, I also cut down on the medicine prescribed by my doctor. The allergies that I have, which get considerably worse as the summer goes on, were almost cleared up, thanks to the Aerobic Oxygen. **C.T., BC**

HEART

My husband had a very poor heart and could not seem to get enough air. He began taking the Aerobic Oxygen and you could even see his color improve as well as his breathing. It sure has been a great help to us. **K.F., AB**

ALLERGIES & LEARNING DISORDERS

Our 8-year-old son is terribly allergic to animals and pollen. He couldn't even play with children who had animal hair on their clothes, because his eyes would swell shut and he couldn't stop sneezing. He was putting allergy drops in his eyes every 10 minutes throughout the day and taking allergy medicine every day. After one week of taking 20 drops of *Aerobic Oxygen* in his orange juice in the morning, his allergies

dramatically improved. He no longer needed his allergy medicine and only used the allergy eye drops once or twice a day. Not only could he play with children who owned pets, he could also play inside houses where there were pets (he could never do that before!).

Our 5-year-old son was a late-talker. He didn't start talking until he was 3 years old, and even after 2 years of talking he still didn't say very much (maybe only 50 words or so, in 2-word sentences). After one week of taking 20 drops of *Aerobic Oxygen* in his orange juice in the morning we noticed a dramatic improvement in his speech. He increased his vocabulary by about 100 words and started using 3-4 word sentences. His preschool teachers could hardly believe this was the same boy! After taking *Aerobic Oxygen* every day for the past year his language skills have improved at a rate *incredibly faster* than the rate at which he was progressing prior to taking the *Aerobic Oxygen*.

Bill & Lisa Bernal, AZ, USA

HIGH BLOOD PRESSURE

I have had high blood pressure, 180 over 110. Someone had told me that Aerobic Oxygen had helped their blood pressure so I started taking some 20 drops 3 times a day. After 3 months my blood pressure is back to normal. My doctor and I were very pleased. Aerobic Oxygen has also given me energy I never knew I had before. It has made me come alive again. It is just great! **E.M., SK**

PETS

Many distributors have heard "the only way to get extra Oxygen into your system is through the lungs; it's all psychological." Well, I'm here to tell you that my dog doesn't understand what these statements mean. She is a 12-year-old Doberman who is suffering from arthritis.

Since October 1987, I have been putting "AEROBIC OXYGEN" into her drinking water because I read testimonials from people claiming that their arthritis had been helped from using Good For You Canada's "AEROBIC OXYGEN."

Within one week I noticed a difference in the way she acted. She was no longer stiff and lethargic in the mornings. In fact, she now moves around like a dog many years younger, without the obvious pain that was there before.

By the way, I add only 15-20 drops per bowl of water.

R.W., Chilliwack, BC

HEADACHES / BREATHING

The Aerobic Oxygen is a Godsend. I have had headaches for years but with just 2 days of taking Aerobic Oxygen they have diminished to almost nil. My husband has had labored breathing, and now, with just a few days of Aerobic Oxygen he can breathe great. My 3 years old son had a bad cold and coughs all night; he's been up every night for a week. The first night on Aerobic Oxygen he slept all night. My family certainly loves this product. **K.T., BC**

SINUS

I have had wonderful results with Aerobic Oxygen. All my life I had sinus problems. I would get sinus attacks so often, I sometimes wondered if life was just a series of sinus attacks. It was very discouraging! I was so tired of taking decongestants.

Aerobic Oxygen cleared all that up, and if I get an attack it is

very mild and only once in a year or two. I feel like a new person. Another benefit I got was the breast lumps I had for years disappeared. I will never go without my Aerobic Oxygen. I take in on any trip I take also. Thank you very much for making my life more pleasant. **S.T., WA**

WELL BEING IMPROVEMENT

I was introduced to Aerobic Oxygen 6 months ago and have used in continually since then. Words cannot say what an improvement it has made to my overall well being. **Rena, AB**

RACING DOGS

This telephone conversation took place in the early part of 1999, between a health practitioner and Mark, who races greyhounds. I have been giving Aerobic Oxygen to my racing dogs twice a day; I administer 15 drops in water twice daily to improve their health. Before a race I give them 50 drops to give them more cellular access to oxygen during racing. Since following this regime, I have noticed a thirty percent increase in their racing times. One dog in particular went from 3,000th position in the country to 9th position. **Mark, Worcestershire**

DEPRESSION

Dear Sir:

Following the enquiry to your advert, is another enclosed for your fine product. I am absolutely ecstatic at the unfolding results experienced after just a month. I am in no doubt that many people commend your product from first hand awareness and I too will engage similar comments, although prior to consuming the Aerobic Oxygen supplement I was at my wits end.

Many aspects have to be considered as to how and why I inherited depressive neurosis, agitated depression to begin with. However such was the severity, the ailments were crippling my sense of reality, with the additional discomforts of physical complaints. After pursuing all possible avenues of constructive suggestions, regarding alternative remedies and the investigations of diet, I was forced to consume a potent anti-depressive medication. Even after several months of this drug running its course, mental, emotional, and physical anguish promptly returned and hopes of regaining the latter stabilities, waned into despair.

Your advertisement arrived at a critical time when tolerance and the positive will had expired to transcend this universal darkness of our existence. Following five years of torment, I'd had enough. Now a major transformation has replaced this vicious circle of negativity I myself had fallen into. I experienced a natural high every working and leisurely day. Mental clarity is the contributing factor, which of course goes hand in hand holistically with emotional and physical well being. As thus so, my deepest appreciation and congratulations are emphasized toward this scientific discovery and the intricate biological and mental balances that follow from the essentials of this vital element. This natural source, which should be our divine right to receive, is depleting in exchange for the greedy enterprises of secular survival and hence, need anymore be said concerning the despondencies and pessimisms of the western world? Though it cannot be assumed as the primary cause for psychosomatic turmoil, the effects of oxygen deprivation create embryonic manifestations, which could otherwise be restrained.

Nevertheless, I for one am extremely grateful in becoming acquainted with "Aerobic Oxygen" and would most certainly be experiencing dire misery without it. May God bless you all. **C. Cooper, Bedfordshire.**

Questions & Answers

Why has Oxygen not been used in this form before the formulation of Aerobic Oxygen?

The need for such a compound has long been admitted by the drug industry, but every formula forthcoming from the industry has had the Oxygen linked to a metal is that toxic concerns prevented an effective dosage level.

How does Aerobic Oxygen compare to Food Grade Hydrogen Peroxide H_2O_2 , which is being used to treat different health problems?

An easy test to show how different the two products are, is a pH test. H_2O_2 will show as slightly acidic and **Aerobic Oxygen** is very high on the Alkaline scales (one of the reasons **Aerobic Oxygen** produces such tremendous results). **Aerobic Oxygen** is a nontoxic stable oxygen formula. H_2O_2 is only semi-stable and eventually breaks down into free radicals. H_2O_2 is also toxic and kills friendly bacteria of the intestinal track such as lactobacillus and acidophilus, which are vital in sustaining good health.

The oxygen molecules in **Aerobic Oxygen** are stabilized in a nontoxic form and therefore promote the growth of beneficial bacteria while at the same time destroying harmful bacteria. The destruction of our beneficial intestinal bacteria is one of the greatest causes of ill health. The difference between **Aerobic Oxygen** and H_2O_2 are quite apparent. There is no reason to take a toxic product such as Hydrogen Peroxide when **Aerobic Oxygen** is **nontoxic** and much more effective.

How long does Aerobic Oxygen remain stable and effective?

The Oxygen molecules can slowly dissipate under two conditions. If left for long periods of time in direct sunlight and if exposed to high temperatures (over 130°F). Other than under these two situations Aerobic Oxygen will remain stable and effective indefinitely.

Can Aerobic Oxygen be put directly on the skin?

Aerobic Oxygen is very alkaline in composition and should not be used in its concentrated form. If you have open sores or tender skin the alkaline base of Aerobic Oxygen can react with the acidity base of the body fluids and cause a burning sensation. Use a 10% solution when placing on the skin.

Is Aerobic Oxygen toxic?

Laboratory testing has shown the product to be nontoxic. Should a person ingest amounts that are not

recommended, vomiting and diarrhea may occur. For this reason we would recommend that the product be kept away from small children as it is in concentrated form. Aerobic Oxygen has been used for over 20 years by thousands of people with only beneficial results being reported.

Can we make any medical claims regarding the product?

Aerobic Oxygen is a natural product and not a drug, therefore, medical claims cannot be made and it cannot be promoted as such. You can only share your benefits from the product and the benefits others have received.

What benefits can I expect?

Everyone is different, and therefore no one can say what the product can do for you. Look at the qualities of oxygen and judge for yourself - you will never know until you try it!

Can children take the product?

Children may be given **Aerobic Oxygen** by diluting the dosage according to body weight.

How do I take Aerobic Oxygen?

Aerobic Oxygen has many applications. The following are some applications and how to use the product based on reports from others:

- **Health Benefits ...** *killing infectious bacteria, candida-albicans, respiratory problems and chronic health problems:*

By taking 20 drops 3 times a day people have reported benefits in the following areas: angina attacks, asthma & emphysema, bronchial infections, sinus infections, epilepsy and Alzheimer's, poor circulation, candida, headaches, energy levels, yeast infection, prostate problems, bladder infections.

- **Maintenance and Health Support:**
10 drops three times a day.
- **Athletic Training:**
20 drops to 30 drops three times a day.
- **Energy and Stamina:**
20 drops three times a day.

NOTE: Aerobic Oxygen can be used in any cold liquid.
